

Recommended routine reviews



Patients with long term conditions (invited by practice):

Angina, previous heart attack or stroke, heart failure: Blood test, blood pressure and review of symptoms (if any ongoing) every 12 months.	Asthma or COPD Every 12 months- by text message questionnaire or in person	Chronic Kidney Disease Blood test, blood pressure and early morning urine sample every 12 months.	Dementia Telephone or in person review every 12 months
Diabetes In person diabetes review (Part 1) and telephone follow up (Part 2) every 12 months	Hypertension (raised blood pressure) Blood test and blood pressure review every 12 months.	Learning Difficulties In person physical review with nursing team then GP (same day)	Severe mental illness In person physical review with telephone follow up, every 12 months

Patients *without* long term conditions:

Age 40 and over NHS health check (blood pressure, weight, cholesterol) every 5 years	PSA testing Patient specific - need based on symptoms and family history of prostate cancer. Discuss with GP.
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These are the *minimum* suggested reviews but your clinician may advise that you need them more regularly or earlier than expected.

Patients may need more than one review to cover all relevant conditions, although we try to combine these, when possible.

National Screening Programmes (invited by national programmes):

Breast (mammogram) Every 3 years from age 50-71 https://www.nhs.uk/conditions/breast-screening-mammogram/	Cervical screening Every 3 years from age 25-49 Every 5 years from age 50-64 https://www.nhs.uk/conditions/cervical-screening/	Bowel screening Every 2 years from age 60-74 https://www.nhs.uk/conditions/bowel-cancer-screening/	Abdominal aortic aneurysm (AAA) screening Men in year they turn 65 https://www.nhs.uk/conditions/abdominal-aortic-aneurysm-screening/
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